



Derivative Insights

19.03.2026



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Option OI Spectrum - Indices

MONTHLY	NIFTY		BANK NIFTY		SENSEX	
	Calls	Puts	Calls	Puts	Calls	Puts
H'st OI Chg	23800	23800	55500	55000	76500	76500
H'st OI	25000	23000	56000	54000	80000	76000
H'st Vol	24000	23000	55000	55000	80000	76500

Upcoming Expiry

WEEKLY	NIFTY		SENSEX		SENSEX Weekly	19.03.2026
	Calls	Puts	Calls	Puts		
H'st OI Chg	25000	23700	77300	76000	NIFTY Weekly	24.03.2026
H'st OI	25000	23000	78000	76000	SENSEX Monthly	25.03.2026
H'st Vol	23800	23700	77000	76000	BANK NIFTY Monthly	30.03.2026
					NIFTY Monthly	30.03.2026

Stock Futures in Focus

Future*	Pr Close	Pr % Chg	OI % Chg	Comments
ADANIENSOL	1039.30	3.60	2.14	Long Buildup
ICICIGI	1835.20	-0.27	3.86	Short Buildup

Comments:

Nifty weekly contract has the highest open interest at 25000 CE and 23000 PE while monthly contracts have the highest open interest at 25000 CE and 23000 PE. The highest OI addition was seen at 25000 CE and 23700 PE in weekly and at 23800 CE and 23800 PE in monthly contracts. FILs increased their future index long holdings by 9.72%, decreased future index shorts by 3.93% and in index options, 10.01% increase in Call longs, 8.85% increase in Call short, 9.07% increase in Put longs and 19.36% increase in Put shorts.

Index F&O

	NIFTY		BANK NIFTY		SENSEX	
	Last	Chg	Last	Chg	Last	Chg
Near Future	23774	161	55420	411	76700	550
Discount	-3	-35	94	-39	-4	-83
Straddle*	595	-100	1577	-235	647	-353

FII Activity in Index F&O

	Fut longs	Fut shorts	CE Longs	CE Shorts	PE Longs	PE Shorts
OI % Change	9.72	-3.93	10.01	8.85	9.07	19.36
Open Interest	44432	270229	512819	928890	688030	554542

* Upcoming Expiry

Stock Options

Upmoves Nearing Resistance

Ticker Symbol	CMP	Call strike
BSE	2995.6	3000
SWIGGY	298.75	300
INDIGO	4360.6	4400
BANDHANBNK	163.5	165
ADANIGREEN	891.25	900

These stocks have shown uptrend, but await break of key resistance as indicated by the strike with the highest CE OI.

Consolidation Underway

Ticker Symbol	CMP	CE Strike	PE Strike	% Range
BPCL	303.7	440	300	46.10
TMPV	324.75	400	300	30.79
TATACONSUM	1075.05	1300	1000	27.91
MOTHERSON	117.8	140	110	25.47
INOXWIND	81.99	100	80	24.39

These stocks are undergoing consolidation, unable to break beyond previous congestion points, as indicated by the CE and PE strikes with the highest OI. Given the distance between the key CE and PE strikes, upmoves/downmoves may take time to gain momentum.

Upside Breakout Underway

Ticker Symbol	CMP	Call strike
BAJAJ-AUTO	9271	9000
POLICYBZR	1539.05	1500
HINDALCO	933.05	920
AXISBANK	1253.2	1240
PNBHOUSING	807.6	800

These stocks have shown uptrend, and have just broken above resistance as indicated by the strike with the highest CE OI.

Downmoves Nearing Support

Ticker Symbol	CMP	Put strike
PATANJALI	490.2	490
CROMPTON	250.15	250
OIL	470.45	470
ADANI PORTS	1401.9	1400
MANKIND	2103.1	2100

Downtrend may have started for these stocks, but await break of support as indicated by the strike with the highest PE OI.

Narrow Range

Ticker Symbol	CMP	CE Strike	PE Strike	% Range
SUNPHARMA	1778.3	1800	1780	1.12
BAJFINANCE	880.1	950	960	1.14
ITC	304.05	310	305	1.64
POWERGRID	299.4	305	300	1.67
JINDALSTEL	1179.2	1200	1180	1.70

These stocks are undergoing consolidation, in a narrow trading range as indicated by the strikes with the highest CE and PE OI. Potential candidates for buying straddles/strangles in anticipation of breakout.

Downside Breakout Underway

Ticker Symbol	CMP	Put strike
AMBUJACEM	441.25	600
EICHERMOT	7027.55	8500
KPITTECH	688.35	800
IEX	123.05	140
GODREJCP	1053.8	1180

These stocks have shown downtrend, and have just broken below support as indicated by the strike with the highest PE OI, pointing to more downsides.

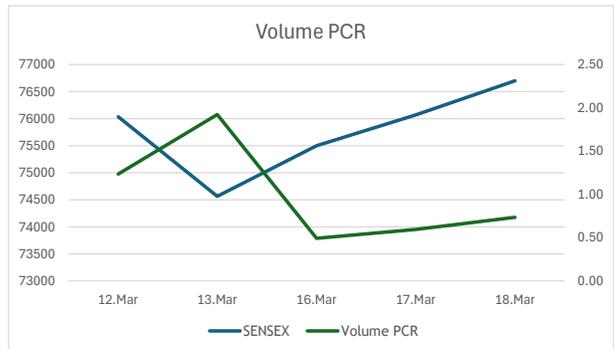
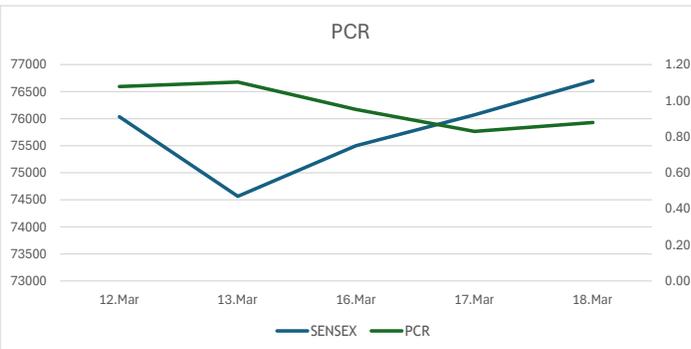
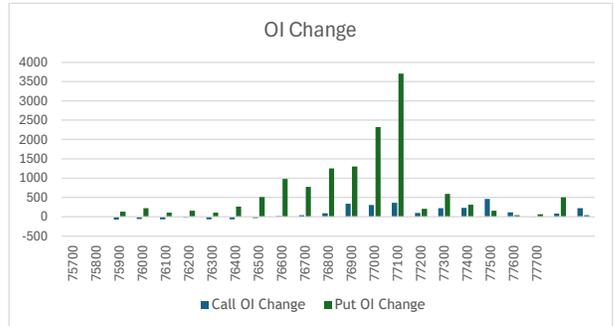
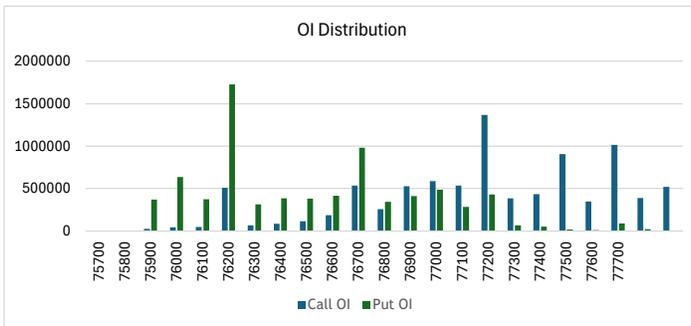
Stock Futures

Long buildup			Short covering			Short buildup			Long unwinding		
Scripcode	Prc%	OI%	Scripcode	Prc%	OI%	Scripcode	Prc%	OI%	Scripcode	Prc%	OI%
WAAREEENER	10.50	7.30	NBCC	5.96	-0.03	HINDZINC	-1.65	2.62	VEDL	-2.69	-0.78
ANGELONE	8.69	2.56	COFORGE	5.33	-5.34	AUROPHARMA	-1.36	1.31	MCX	-2.48	-2.74
PREMIERENE	8.01	1.79	PAYTM	5.29	-3.37	HINDUNILVR	-1.13	1.93	SOLARINDS	-2.39	-2.07
MANAPPURAM	5.29	0.06	KPITTECH	5.22	-0.92	CIIPLA	-1.01	1.99	NATIONALUM	-1.91	-2.32
DELHIVERY	4.93	5.13	KFINTECH	4.72	-0.86	ICICIPRULI	-0.71	0.23	COALINDIA	-1.53	-2.13
PAGEIND	4.01	1.72	INOXWIND	4.50	-0.94	TORNTPHARM	-0.39	1.02	NTPC	-1.16	-2.35
CAMS	3.96	2.22	TATATECH	4.46	-0.20	NESTLEIND	-0.31	0.15	SUNPHARMA	-0.88	-1.23
PERSISTENT	3.62	1.55	OFSS	4.41	-0.03	ICICIGI	-0.27	3.86	TATACONSUM	-0.74	-1.90
ADANIENSOL	3.60	2.14	JIOFIN	4.24	-3.49	DABUR	-0.24	1.70	OIL	-0.65	-1.24

SENSEX Expiry Insights

CALL							PUT								
OI Advance			OI Decline			Most Active		OI Advance			OI Decline			Most Active	
Strike	OI	OI Chg	Strike	OI	OI Chg	Strike	Volume	Strike	OI	OI Chg	Strike	OI	OI Chg	Strike	Volume
77300	907860	746660	76000	509740	-191940	77000	110098240	74000	2544780	1830060	71000	760800	-452880	76000	92004960
77000	1367980	672220	76200	85360	-180360	78000	94127440	75000	1763100	1113440	74300	245820	-399100	76500	77374080
78500	1540940	629940	75500	127900	-147380	77500	89236300	76000	1729180	1041320	66900	246240	-131940	75000	55100080
79000	1578940	569900	76100	66760	-139620	76800	67942940	75500	1483360	924540	71500	494020	-123960	75500	54147380
81000	862620	564560	75900	48960	-105520	76500	63249700	74500	1717700	901420	72700	163900	-98740	76700	43795560

Option Spectrum												
Call						Put						
Comments	Volume	Price	OI	OI%Chg	Price%	Strike	Price%	OI%Chg	OI	Price	Volume	Comments
Short Covering	897840	922.3	45120	-61.68	39.22	75800	-78.87	222.38	636760	84	33443340	Short Addition
Short Covering	1103000	847.7	48960	-68.31	41.39	75900	-77.42	102.12	375660	98.75	25104440	Short Addition
Short Covering	9376860	776.3	509740	-27.35	43.39	76000	-75.54	151.39	1729180	116.85	92004960	Short Addition
Short Covering	3338420	689.5	66760	-67.65	40.53	76100	-73.53	103.07	313060	137.9	28479840	Short Addition
Short Covering	8440880	627.3	85360	-67.88	42.7	76200	-70.98	260.67	387140	163.7	38229020	Short Addition
Short Covering	17606080	553.2	115960	-36.29	41.14	76300	-68.39	509.65	381400	192.7	42464720	Short Addition
Long Addition	25911720	489.15	186300	17.1	42.19	76400	-66.26	984.94	416400	225.7	42990920	Short Addition
Long Addition	63249700	419.5	534860	40.83	39.95	76500	-63.47	770.35	981760	264.8	77374080	Short Addition
Long Addition	43450300	361.6	258300	86.9	38.23	76600	-61.31	1251.73	344420	307.85	37177380	Short Addition
Long Addition	55504760	319.25	528640	335.17	40.02	76700	-58.76	1298.77	410680	351.1	43795560	Short Addition
Long Addition	67942940	278.3	587100	307.99	42.5	76800	-57.3	2325.25	487960	397.45	41787320	Short Addition
Long Addition	56628320	232	533840	359.41	39.38	76900	-54.02	3707.51	284040	455.55	22993160	Short Addition
Long Addition	110098240	192.75	1367980	96.62	38.37	77000	-51.48	202.48	429700	521.1	24623480	Short Addition
Long Addition	37688180	159.45	385360	222.05	33.43	77100	-47.76	592.9	66380	583.15	3727220	Short Addition
Long Addition	47199600	127.55	434480	228.7	28.71	77200	-47.72	316.72	50340	655.3	2540320	Short Addition
Long Addition	42489540	101.1	907860	463.19	20.21	77300	-44.35	157.49	19260	732.5	1274920	Short Addition
Long Addition	36527840	85.75	348240	114.94	26.38	77400	-43.63	41.83	9900	817.55	471100	Short Addition
Short Covering	89236300	70.8	1016320	-7.86	27.57	77500	-40	63.22	90000	899.3	1931800	Short Addition
Long Addition	35178820	58	388760	83.64	24.2	77600	-38.36	505.62	21560	981.95	250760	Short Addition
Long Addition	40226260	47.45	517900	223.2	18.92	77700	-34.74	41.96	9000	1082.85	158880	Short Addition



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